

# Shelf Life



## Bought In Product Shelf-Life Rules

### Dry Goods



- **Best Before date** on sealed products
- Once open follow **manufacturer's shelf-life instructions**
- If there are no instructions the original, the **Best Before date** applies\*

### Cans, Condiments, Sauces etc



- **Best Before date** on sealed products
- Once open follow **manufacturers storage and shelf-life instructions**
- If there are no instructions the original **Best Before date** applies\*

### Eggs



- Eggs are stamped with **Best Before date**
- **DO NOT** use after this date
- Store under refrigeration

### Perishable Packaged Product



- **Use By date** on packaging
- Once open follow **manufacturer's storage and shelf-life instructions**
- If suitable, can be frozen with **6-month shelf-life (3 months in Republic of Ireland)**

### Fresh Fish and Seafood



- Follow **manufacturer's instructions** if provided on packaged product
- For other product apply **day of delivery + 1 day**
- If suitable, can be frozen with **6-month shelf-life (3 months in Republic of Ireland)**
- Not suitable for freezing if previously frozen

### Frozen Food



- **Best Before date** on frozen product
- Once defrosted follow **manufacturer's instructions**
- Do not refreeze defrosted product

### Fresh Fruit and Vegetables



- **Follow manufacturer's instructions** for packaged product
- Visual inspection of unpackaged product
- Damaged, wilted, mouldy product must be discarded

### In-Unit Vac Packed



- **Manufacturer's instructions** for opened product must be followed.
- 7-day shelf-life **DOES NOT** apply

\* 'Best Before' dates relate to quality and food is safe to eat beyond this date. Check the taste, texture and general quality of foods to determine whether the food item is suitable for use.