

# HAND HYGIENE – Epicare 5 C

## READ BEFORE STARTING PROCEDURE

Please reference the relevant Safety Data Sheets, risk assessment and safe system at work documents.



1

Apply lotion and rub palms together to ensure complete coverage



2

Spread the lotion over the backs of the hands



3

Make sure the lotion gets in between the fingers



4

Grip the fingers on each hand



5

Pay particular attention to the thumbs



6

Press fingertips into the palm of each hand



7

Work the lotion in to the hands until dry

