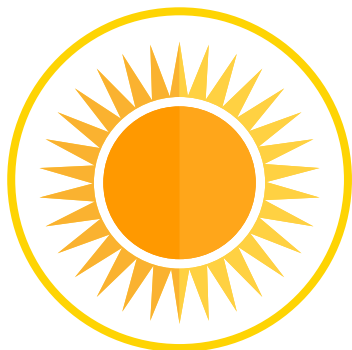


HEAT & HYDRATION

Hot weather increases risk—especially for outdoor and high-activity roles. Our responsibility is to protect our teams by planning ahead and acting early.



Summer's here, and with it comes the sun's sneaky tricks—brace yourself!



Keep a hydration station at the ready while you're on the clock!



Rock that summer vibe like it's your BFF, all while keeping it classy and uniform-friendly!



Slather on some sunscreen in the morning, and don't forget to give yourself a top-up throughout the day!



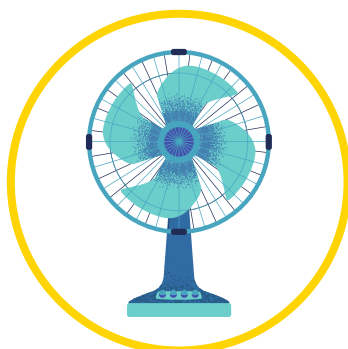
When you're braving the great outdoors for hours on end, don a hat or cap (when it makes sense, of course)!



Take your breaks in the coolest, shadiest spots you can find, even if you're outdoors!



When the heat cranks up to "roasting," hit pause and take a quick, cool-down break to recharge!



If you can, let's give your workplace a breath of fresh air or a cool breeze!



Keep an eye out for the telltale signs of fatigue: a dizzy spell here, a headache there, and you've got yourself a warning alarm!



SEE



CARE



SHARE