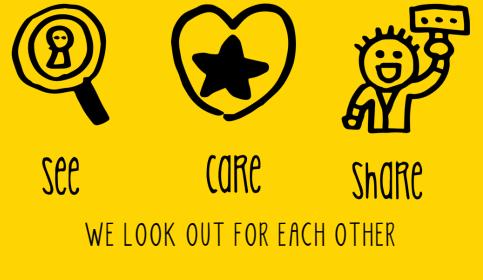


SEE CARE SHARE SAFETY UPDATE



COMPASS UK & IRELAND HSE

January 2026

HAPPY NEW YEAR, A GREAT TIME TO COMPLETE YOUR ALLERGEN RISK ASSESSMENT

As part of our continuous improvement in our food safety systems and ensuring we are leading the way on allergen management, we are asking that, as last year, each unit completes an Annual Allergen Risk Assessment. This risk assessment is designed to identify which of the 14 EU allergens are present in your unit, what training and controls are in place to manage these allergens and, if required, what additional controls are required.

In order to improve the process for you and your teams the Annual Allergen Risk Assessment is now available to complete via the Origami App, ensure you refresh the app and then the Allergen Risk Assessment will appear as an option on the Forms section. Once completed any identified actions will need to be closed off in the usual way.

Allergen Risk Assessments are to be completed annually or when there is a significant change to your food service or menus. If you are not sure when you last completed your risk assessment we would advise you to complete it in January to ensure compliance and to identify any actions required. For guidance and information on allergens visit the [HSE Website](#) or speak to your HSE Lead.



WORKING SAFELY FOLLOWING THE FESTIVE PERIOD



After the festive break and heading into the new year, we appreciate that it can take time to get back into the routine of work. So, as you return work – STOP and THINK – Am I safe? Accidents can happen when we haven't done a job for a while, if we're distracted or if things have changed. For example, getting used to the routine of shifts and/or early mornings; daydreaming about the recent break; or thinking about getting home to continue something you started during any time off, can mean that you are not focusing properly on your tasks.

Stop and Think. It's natural to take time to get back into the swing of things, and we need to be especially careful as we reacquaint ourselves with the work.

Everyone should consider whether they remember how to safely carry out the tasks they need to do. We should all be mindful that it might take a little longer to carry out a task or we may need to refresh ourselves on the way to do the task safely. It is also possible that our working environment may have changed or the equipment we use may have been damaged or be faulty. This is also a good time to be check that we have the correct PPE for the task and that is in good condition. Remember that if you need new PPE you should speak to your line manager.

Finally, why not head into the new year with a refresh, tidy up and declutter to start off in best possible condition. Check your work areas, storerooms and offices to make sure that the areas are clear of hazards and all items are stored safely and securely.



TIME TO TALK DAY IS COMING – 5TH FEBRUARY 2026

Run by Mind and Rethink Mental Illness, in partnership with Co-op, Time to Talk Day is all about bringing people and communities together for the Nation's biggest mental health conversation. It can be uncomfortable to open up and share how we're really feeling. But talking openly and honestly can be the first step towards better mental health for everyone. This Time to Talk Day, we're asking people to make time to talk about mental health.

How Can You Get Involved

There are lots of ways to take part in Time to Talk Day 2026. You could share your own mental health story to inspire others or you could even just reach out to a friend and see how they're doing. Whatever you decide, the Time to Talk Day website is packed with ideas on how you could take part and with guidance on how to have those all-important conversations.

The You Matter Portal

Remember that within Compass Group UK & Ireland there is also a support network available to all – our You Matter Network. You Matter Ambassadors are there to signpost and provide material to each of the sectors. To find out more or to get access to the You Matter Portal scan the QR Code.

NEED TO SPEAK TO SOMEONE NOW?

If you or someone you know needs to speak to someone urgently remember that there are 24hr services; call Samaritans on 116 123 or Text SHOUT to 85258.

time to
talk day
05/02/26



TAKE HOME SAFETY

SAFETY IN NUMBERS – DECEMBER 2025

Information and Statistics Apply To All Compass Group UK&I Units



SAFETY UPDATES

- Not sure if you have missed an update on the HSE Website? [Click here](#) to visit our dedicated page on updates to the website or scan the QR code below.

SCAN
ME



Safety Incidents

Hazards & Near Miss Incidents: **693**

Injury Incidents: **254**

Total Recordable Incidents: **31**

RIDDOR Incidents: **4**

Top Injury Types

Burns & Scalds **53**

Cuts **52**

Slips, Trips & Falls **42**



Food Incidents

Alleged Food Poisoning: **21**

Foreign Bodies (In Unit): **7**

Foreign Bodies (Supplier): **0**

Substantiated Allergies: **10**

Enforcement Visits: **178**



SEE CARE SHARE
WE LOOK OUT FOR EACH OTHER