COMPASS GROUP UK & IRELAND

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| **Ref. MAN 10 TASK SPECIFIC MANUAL HANDLING RISK ASSESSMENT** |
| Person’s Name & Job Title |  | Date |  |
| Site / Unit Name & Location |  | Unit No |  |
| Name of Manager or Supervisor  |  |
| TASK: | **Task -** Movement of waste bags**Description:** Remove bin bags/ waste from bins to waste disposal area. Bags are usually black and vary in weight**Technical Data:** Waste bags can range from 1 to10kg depending on load. Each load needs to be assessed before lifting**.**  |
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|  **Questions to consider**  | Level of Risk(If Yes tick ‘High’If ‘No tick ‘Low’) | Possible Remedial Action(Consider changing the PERSON / TASK / LOAD properties / ENVIRONMENT)  |
| **1. The task – does it involve:** | **Low** | **High** |  |
| Holding the loads away from the trunk |  | **√** | Do not over fill waste bags. Always assess the weight of the bag before attempting to lift. Ensure broken crockery or glassware is disposed of in the receptacle provided and not in the waste bags. Keep the back straight, bend the knees and use the legs to carrying out the lifting task. Ensure you have a good grip on the bag before attempting to lift. Suitable trolleys or other mechanical means to be provided and used to transport full waste bins and sacks to outside waste storage facilities where practicable. |
| Twisting |  | **√** |
| Stooping |  | **√** |
| Reaching upwards | **√** |  |
| Large vertical movement | **√** |  |
| Long carrying distances | **√** |  |
| Strenuous pulling or pushing | **√** |  |
| Unpredictable movement of load | **√** |  |
| Repetitive handling | **√** |  |
| Insufficient rest or recovery | **√** |  |
| A work-rate imposed by the process | **√** |  |
| **2. The load – is it:** | **Low** | **High** |  |
| Heavy | **√** |  | Do not lift heavy bags of waste. Heavy items to be lifted by two or more people. Ensure the bag is intact before attempting to lift.  |
| Bulky/unwieldy | **√** |  |
| Difficult to grasp | **√** |  |
| Unstable/unpredictable/liquids that splash |  | **√** |
| Intrinsically harmful (e.g. sharp, hot) | **√** |  |
| **3. The working environment – is there:** | **Low** | **High** |  |
| Constraints on posture | **√** |  | Ensure any spillages are cleaned up immediately. Ensure non slip shoes are worn in the unit.  |
| Uneven, slippery or unstable floors |  | **√** |
| Variations in level | **√** |  |
| Hot/cold/humid conditions | **√** |  |
| Strong air movements | **√** |  |
| Poor lighting conditions | **√** |  |
| **4. Individual capabilities – does the job:** | **Low** | **High** |  |
| Require unusual strength, height etc. |  |  | Ensure all loads are assessed prior to lifting to ensure the load is safe and within your limits. Ensure manual handling training is carried out.  |
| Pose a risk to those with a health problem |  |  |
| Pose a risk to those who are pregnant |  |  |
| Call for special information/training |  |  |
| **5. Other factors** | **Low** | **High** |  |
| Is the movement or posture hindered by |  |  |  |
| clothing or personal protective equipment? |  |  | Ensure the lift and trolley is used for moving waste to the basement storage area. For further information please refer to risk assessment Man 09- Manual Handling & COM 06 Disposal of General Waste  |
| (Add:) |  |  |

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