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| **ES09a** | **Display Screen Equipment (DSE) User Assessment Form** | | |
| **Unit Name** |  | **Unit Number** |  |
| **Employee Name** |  | **Employee Number** |  |
| **Employee Signature** |  | **Date** |  |
| **Manager Name** |  | **Manager Signature** |  |

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| The table below should be completed by ALL individuals who use DSE.  All individuals who after completing ES09a **are defined DSE Users** must complete the Display Screen Equipment (DSE) e-learning module, which is available on the L&D learning platform. Once individuals have completed the e-learning they must download and complete ES09b Display Screen Equipment (DSE) User Risk Assessment. | | | | |
| Question | Answer | Answer Score | | Your Score |
| 1. If necessary, could you adequately complete your daily tasks, without using DSE? | Yes | 0 | |  |
| No | 3 | |  |
| 1. On an average day, what is the maximum length of time you would CONTINUOUSLY use DSE, without having a break or doing something else? | 0 - 1 hour | 0 | |  |
| 1 – 2 hours | 3 | |  |
| 2 – 3 hours | 4 | |  |
| 3 + hours | 5 | |  |
| 1. On average, how many days a week would you use DSE continually for a period of one hour or more? | 1 day | 1 | |  |
| 2 days | 2 | |  |
| 3 days | 3 | |  |
| 4 days | 4 | |  |
| 5 + days | 5 | |  |
| If your total score is less than 7 you are **NOT** a defined as a DSE User.  If your score is 7 or more, you **ARE** a defined DSE user and must complete the Display Screen Equipment (DSE) e-learning module, which is available on the L&D Platform, and then complete the Display Screen Equipment (DSE) User Risk Assessment (ES09b). | | | Your Total Score |  |
| DSE User | Yes **€** No **€** |