COMPASS GROUP UK & IRELAND

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| **Ref. MAN 10 TASK SPECIFIC MANUAL HANDLING RISK ASSESSMENT** |
| Person’s Name & Job Title |  | Date |  |
| Site / Unit Name & Location |  | Unit No |  |
| Name of Manager or Supervisor  |  |
| TASK: | **Task: Removing items from washing machine****Description: Soiled items are gathered and placed in the washing machine****Technical Data: Items are of a cloth nature and light in weight** |
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|  **Questions to consider**  | Level of Risk(If Yes tick ‘High’If ‘No tick ‘Low’) | Possible Remedial Action(Consider changing the PERSON / TASK / LOAD properties / ENVIRONMENT)  |
| **1. The task – does it involve:** | **Low** | **High** |  |
| Holding the loads away from the trunk | **√** |  | Only small items- cloths & oven mitts washed on site.Stand directly in front of the washing machine when placing or removing items. Avoid over stretching or over reaching. Bend the knees and keep your back straight.  |
| Twisting | **√** |  |
| Stooping |  | **√** |
| Reaching upwards | **√** |  |
| Large vertical movement | **√** |  |
| Long carrying distances | **√** |  |
| Strenuous pulling or pushing | **√** |  |
| Unpredictable movement of load | **√** |  |
| Repetitive handling | **√** |  |
| Insufficient rest or recovery | **√** |  |
| A work-rate imposed by the process | **√** |  |
| **2. The load – is it:** | **Low** | **High** |  |
| Heavy | **√** |  |  |
| Bulky/unwieldy | **√** |  |
| Difficult to grasp | **√** |  |
| Unstable/unpredictable/liquids that splash | **√** |  |
| Intrinsically harmful (e.g. sharp, hot) | **√** |  |
| **3. The working environment – is there:** | **Low** | **High** |  |
| Constraints on posture | **√** |  | Ensure any spillages are cleaned up immediately. Ensure non slip shoes are worn in the unit.  |
| Uneven, slippery or unstable floors |  | **√** |
| Variations in level | **√** |  |
| Hot/cold/humid conditions | **√** |  |
| Strong air movements | **√** |  |
| Poor lighting conditions | **√** |  |
| **4. Individual capabilities – does the job:** | **Low** | **High** |  |
| Require unusual strength, height etc. |  |  | Ensure all loads are assessed prior to lifting to ensure the load is safe and within your limits. Ensure manual handling training is carried out.  |
| Pose a risk to those with a health problem |  |  |
| Pose a risk to those who are pregnant |  |  |
| Call for special information/training | **√** |  |
| **5. Other factors** | **Low** | **High** |  |
| Is the movement or posture hindered by | **√** |  |  |
| clothing or personal protective equipment? |  |  | For further information please refer to risk assessment Man 09- Manual Handling  |
| (Add:) |  |  |

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