



ARE YOU
ALLERGEN
AWARE?

ALLERGEN INFORMATION

-  Cereals Containing Gluten
-  Crustaceans
-  Eggs
-  Fish
-  Peanuts
-  Soybeans
-  Milk
-  Nuts
-  Celery
-  Mustard
-  Sesame Seeds
-  Sulphur Dioxide and Sulphites
-  Lupin
-  Molluscs

ALLERGEN INFORMATION



Food Information Regulations 2014 require all food business' to legally provide allergy information to customers on request.



14 major allergens need to be legally declared including celery, gluten, crustaceans, eggs, fish, lupin, milk, molluscs, mustard, nuts, peanuts, sesame, soya and sulphites.



The information provided in this **allergy folder** contains allergy information for Compass Group UK & Ireland recipes served in our cafés, restaurants, and venues.



Allergy reports are produced by our menu management system 'The Source' and show all recipes on offer.



Any recipe that **contains** any of the 14 major allergens as a known ingredient will be presented with a tick.



If a supplier has declared any ingredient used as '**may contains**' of one of the 14 EU allergens due to a risk of cross-contamination in the manufacturing site, this will be declared on the allergy report with the letters **MC**.



Compass Group UK & Ireland take food allergy management **seriously** and take all reasonable steps to avoid any risk of cross-contamination in our busy kitchens, however, we cannot guarantee that our food is 100% free from a specific allergen.



For more information

Speak to a staff member on site or contact us at nutrition@compass-group.co.uk

