

SEE CARE SHARE SAFETY UPDATE



Compass UK & Ireland HSE

MARCH 2024

INCIDENT PREVENTION THROUGH PRO-ACTIVE REPORTING

For some time now we have talked about the importance of reporting hazard observations and near misses but over the last few months as we start to adjust the way we look at safety it has been asked why? A near miss is a leading indicator to an accident that, if scrutinized and used correctly, can prevent injuries and damages, similarly a hazard observation is classed as a leading indicator. So, what is the difference?

A **hazard observation** is where a hazard is spotted before a person has been involved, this could be a leak from a fridge being spotted, dealt with and the hazard removed. A **near miss** is different in that someone was involved, if we use the same example, it would have been if someone slipped in the leaking water from the fridge but was not injured, that would have led to this being a near miss report rather than a hazard observation. As you can see reporting either of these situations are important as they help to prevent a possible incident resulting in an injury. Most important is to ensure that the hazard is rectified, and the appropriate action is taken.

REDUCING CUT INJURIES

Preventing cut injuries is not as simple as focusing on the safe use of knives, there are many causes to the cut injuries that we see reported in our business. This month we are focusing on preventing these incidents by looking at the causes of contact with sharp objects and what we can all do to prevent them.

Let's start by looking at the various incidents that cause cuts; sharp edges of equipment and packaging, broken glass and crockery, needles, infrastructure edges, roll cages and trolleys and knives all contribute to the incidents that are reported. In most cases these incidents could be avoided by taking extra care when carrying out the task, following the correct safe systems of work, being mindful of the hazards created by others and using the correct PPE when required.

To help us all raise awareness across our teams there is a new Safety Conversation on Preventing Cuts to share with your teams, please make sure that you record the completion of the safety conversation and display it where appropriate.



MONTHLY SAFETY FOCUS

LACK OF SLEEP CAN LEAD TO INCIDENTS

March is Sleep Awareness Month and 17th March is World Sleep Day. Sleep or the lack thereof is not something we would automatically associate with safety, but there is a link. Evidence shows that sleep loss can result in incidents resulting in injury or damage to equipment or property. The reaction time of people who regularly have 6 hours or less of sleep is reduced from a quarter of second to almost four seconds. This shows that sleep is important to both our mental health and physical health.

Quick Sleep Tips

- Keep a consistent sleep schedule
- Set a bedtime that is early enough for you to get at least 7 hours of sleep
- Establish a relaxing bedtime routine
- Make your bedroom quiet and relaxing
- Turn off electronic devices at least 30 minutes before bedtime

- Avoid consuming caffeine in the late afternoon or evening

According to The Sleep Charity, 40% of adults and children suffer with sleep issues and 20% of road deaths are due to fatigue. For more information on importance of sleep and useful advice visit thesleepcharity.org.uk



TAKE HOME SAFETY



SAFETY IN NUMBERS – FEBRUARY 2024

Information and Statistics Applies To All Compass Group UK&I Units

SAFETY INCIDENTS

Hazards & Near Miss Incidents:	630
Injury Incidents:	318
Total Recordable Incidents:	20
RIDDOR Incidents:	09



FOOD INCIDENTS

Alleged Food Poisoning:	16
Foreign Bodies (In Unit):	08
Foreign Bodies (Supplier):	07
Substantiated Allergies:	04
Enforcement Visits:	187



Top Injury Types

Slips, Trips and Falls	154
Burns and Scalds	107
Cuts	76

SAFETY REMINDERS



NEW! HEALTH AND SAFETY E-LEARNING MODULE

This new module is designed to align closely with the Compass Workplace Safety Management System. Please note that you have until **30th September 2024** to complete it.

UPDATED VERSIONS OF POSTERS

Please note that there are updated versions of the Shelf-Life and Allergen and Dietary Requirement Definitions posters, these are available on the HSE Website.

POSTER AND SIGNAGE CHECKS

When last did you look at the signage and posters around you. Why not take 5 minutes to check the condition of the posters and signage in your unit, making sure to remove any old, out of date or damaged ones and replace them where required.

SEE CARE SHARE
WE LOOK OUT FOR EACH OTHER

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