

# SLIPS, TRIPS & FALLS

## PLAY YOUR PART TO PREVENT SLIPS, TRIPS & FALLS



### PREVENTING SLIPS

- BY DEALING WITH SPILLAGES AS SOON AS THEY HAPPEN
- Dry mop after damp mopping to reduce drying time on floors
- Display wet floor signs when cleaning floors
- Wear slip resistant footwear in the workplace
- Report wear and tear to floor surfaces that reduce slip resistance



### PREVENTING TRIPS

- KEEP WALKWAYS CLEAR OF OBSTRUCTIONS INCLUDING BAGS, PALLETS, STOCK AND CABLES
- In storerooms or walk in fridges ensure items are kept to the side and there are no items stored at low level that could protrude outwards and create a hazard
- Report any damaged flooring or poorly marked floor variations to you supervisor or manager
- Don't create hazards whilst carrying out tasks such as vacuuming or mopping floors, have the correct warning signage on display and remove equipment when finished and return to storage areas



### PREVENTING FALLS

- ALWAYS USE THE HANDRAILS ON STAIRS
- When walking up or down stairs don't carry too much and keep one hand free to use the handrail and your vision clear
- Ensure that there is suitable lighting on stairs and landings
- Report any defects to stairs, landings or lights in these areas
- In loading bays or similar environments ensure that edges are clearly marked and where there are barriers or gates that these used.

WE LOOK OUT FOR EACH OTHER