COMPASS GROUP UK & IRELAND

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| **Ref. MAN 10 TASK SPECIFIC MANUAL HANDLING RISK ASSESSMENT** |
| Person’s Name & Job Title |  | Date |  |
| Site / Unit Name & Location |  | Unit No |  |
| Name of Manager or Supervisor  |  |
| TASK: | **Task:** Lifting of items on and off tray for putting through the dish washers**Description:** Lifting soiled crockery and cutlery from trays onto dishwasher trays ready for washing this task happens several times a day throughout the day**Technical Data:** All items are of light weight, items may be sharp or broken |
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|  **Questions to consider**  | Level of Risk(If Yes tick ‘High’If ‘No tick ‘Low’) | Possible Remedial Action(Consider changing the PERSON / TASK / LOAD properties / ENVIRONMENT)  |
| **1. The task – does it involve:** | **Low** | **High** |  |
| Holding the loads away from the trunk |  | **√** | Do not over fill trays. Always assess the weight of the tray before attempting to lift. Ensure load is stable and remove any sharps/ broken crockery.Break down the weight in the tray before moving where required to ensure the weight is within your safe working load.Slide the trays along the platform where possible. Keep the back straight, bend the knees and use the legs to carrying out the lifting task.  |
| Twisting |  | **√** |
| Stooping |  | **√** |
| Reaching upwards | **√** |  |
| Large vertical movement | **√** |  |
| Long carrying distances | **√** |  |
| Strenuous pulling or pushing | **√** |  |
| Unpredictable movement of load | **√** |  |
| Repetitive handling | **√** |  |
| Insufficient rest or recovery | **√** |  |
| A work-rate imposed by the process | **√** |  |
| **2. The load – is it:** | **Low** | **High** |  |
| Heavy | **√** |  | Do not lift heavy items. Remove some of the items from the dishwasher trays before lifting. Ensure the tray is stacked in a safe manner where items are unlikely to shift around on movement.  |
| Bulky/unwieldy | **√** |  |
| Difficult to grasp | **√** |  |
| Unstable/unpredictable/liquids that splash |  | **√** |
| Intrinsically harmful (e.g. sharp, hot) | **√** |  |
| **3. The working environment – is there:** | **Low** | **High** |  |
| Constraints on posture | **√** |  | Ensure any spillages are cleaned up immediately. Ensure non slip shoes are worn in the unit.  |
| Uneven, slippery or unstable floors |  | **√** |
| Variations in level | **√** |  |
| Hot/cold/humid conditions | **√** |  |
| Strong air movements | **√** |  |
| Poor lighting conditions | **√** |  |
| **4. Individual capabilities – does the job:** | **Low** | **High** |  |
| Require unusual strength, height etc. |  |  | Ensure all loads are assessed prior to lifting to ensure the load is safe and within your limits. Manual handling training should be carried out. Ensure PPE is worn when involved with wet work and working with chemicals.  |
| Pose a risk to those with a health problem |  |  |
| Pose a risk to those who are pregnant |  |  |
| Call for special information/training |  |  |
| **5. Other factors** | **Low** | **High** |  |
| Is the movement or posture hindered by |  |  |  |
| clothing or personal protective equipment? |  |  | Refer to risk assessment CAT 19- Dishwashing, Glass Washing & Pot Washing Machines & CAT 45- Tray Conveyors & Carousels |
| (Add:) |  |  |

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