SEE CARE SHARE SAFETY UPDATE



COMPASS UK & IRELAND HSE

DECEMBER 2024

UPDATED CONTENT AVAILABLE TO PURCHASE ON LINNEY

We are continuously reviewing and updating our systems and details of any changes are communicated on the <u>Website Update page</u>, where you will find links to any updated or new content added to the website.

Furthermore, we are also always looking to update and improve our FSMS and have recently released updated versions of GHP9: Cooking and GHPI3: Allergens as well as Food Safety Conversations 9 and 13. These are available on the website and can be downloaded or printed, but we you can also purchase the documents as high-quality print items from <u>Linney</u>. See the codes below and also codes for some other recently updated posters:

- Food Safety Conversation 9 CO24_COM_POA4_048161
 Food Safety Conversation 13 CO24_COM_POA4_048162
 Food Safety Conversation 13 CO24_COM_POA4_048162
 Good Hygiene Practice 9 CO24_COM_STST_047502
 Good Hygiene Practice 13 CO24_COM_STST_047503
 CO24_COM_STCK_045111

 CO24_COM_STCK_045111

KEEPING GROUNDED - SLIPS, TRIPS AND FALLS

Every year around this time of the year we endeavour to raise awareness around slips, trips and falls in the workplace, as we see an increase in incidents in the winter months. The reality is that slips, trips and falls are the leading cause of incident throughout the year. Since January 2024 we have had 2300 slip, trip or fall incidents within the business; this includes near misses. This is significantly more than any of the other incidents reported in the same period. The next highest reported incident type is burns and scalds, there has been 1000 of these.

It is vital we raise awareness around slips, trips and falls at this time of the year but the focus must be in place throughout year to address this significant safety risk in our workplaces.

Common incidents at this time of the year are due to the environmental factors such as wet weather. Short days also mean that people are arriving, leaving and working outside in the dark, so it is important that outdoor lighting is available and working so that any hazards can be easily seen. One of the areas that we don't often mention are storerooms, offices, and general areas where poor housekeeping standards are creating trip hazards. Recent indicates have shown that often there are no enough wet floor warning signs to make people aware of slip hazards. Signs must be visible from all directions when approaching a slip hazard. However, ensure signs are removed and put away as soon as the hazard is removed.

There are a various Safety Conversations available on the HSE Website on the <u>Safety Conversations</u> page which you can utilise but with this month we have included a Preventing Slips, Trips and Falls to share with your teams and display in your unit.

SAFETY IN THE SHADOWS: TIPS FOR NAVIGATING DARKNESS ALONE

The world takes on a different feel when the lights go down. Whether you're walking home from work, heading out for a jog, or simply taking a late-night stroll, being alone in the dark can bring an element of vulnerability. But don't worry, a few simple precautions can significantly boost your safety:



Illuminate Your Way

- Carry a Light: A flashlight or a phone's flashlight feature can help you see where you're going and maké you more visible to others.
- Stick to Well-Lit Paths: Opt for routes with good street lighting and avoid dark alleyways or poorly lit areas.

Project Confidence and Awareness

- Walk with Purpose: Maintain an upright posture, walk briskly, and make eye contact with people you pass. This projects an air of confidence and awareness.
- Stay Alert: Avoid distractions like texting or wearing headphones, as they can reduce your awareness of your surroundings.

Trust Your Instincts

- If Something Feels Off, It Probably Is: If you feel uneasy or sense someone is following you, trust your gut feeling. Cross the street, head towards a well-lit area, or step into a shop.
- Don't Be Afraid to Seek Help: If you feel threatened, don't hesitate to call for help or attract attention.

Be Prepared & Share your Plans

• Know how you can alert people if you are in danager and tell family or friends where you are and or are going.

SAFETY IN NUMBERS – NOVEMBER 2024



Information and Statistics Apply To All Compass Group UK&I Units Safety Incidents

Hazards & Near Miss Incidents: Injury Incidents: 327 Total Recordable Incidents: 26 **RIDDOR Incidents:** 10

Top Injury Types

Slips, Trips and Falls 190 93 Cuts Burns and Scalds 82



Food Incidents

Alleged Food Poisoning: Foreign Bodies (In Unit): Foreign Bodies (Supplier): 07 07 Substantiated Alleraies: **Enforcement Visits:** 157



SAFETY REMINDERS

- Have you completed your Quarterly Record within the last 3 months? You can complete this online - Visit the page on HSE Website
- Ensure your team are up to date with all of their Mandatory HSE Training, including Food Safety, Workplace Safety and Allergen Awareness. You can access the My Learning page via Connect and review your teams Learning Progress
- Not sure if you have missed an update on the HSE Website? Not to worry! In response to your feedback we have introduced a summary of all updates each month on a <u>dedicated page of the website</u>.



