

SEE CARE SHARE WEEK 2023

TUESDAY ACTIVITY - CIRCLE OF SAFETY

MANAGEMENT INFORMATION

Activity: Tuesday Activity

Type: Individual or Group Activity

Instructions:

We all want to feel included, we long to belong, we humans need to be accepted in a team before we can be heard, so essentially the first stage of psychological safety is simply being comfortable being present. This stage requires that all members are included and welcomed – without discrimination regarding gender, age, social background, sexual orientation, neurodiversity or anything else. Using the attached worksheet individually or as group discuss what makes you and your team feel safe or what contributes to a safe working environment in your unit. By understanding what makes feel us safe or unsafe we can better understand how to improve our safety culture for everyone.

With your team consider what belongs inside your circle of safety and what belongs outside of it. We have given you some examples of what you could include on the bottom of this sheet, along with some more information about the Circle of Safety. Why not share a photo of your activity and the worksheet on **Workplace** tagging it with **#seecareshareweek23**

Circle of Safety

With a Circle of Safety, team members can rely on one another to strive towards their shared goals, even during the hardest times. During difficult conditions, such as time pressures, staff shortages or even workplace conflict, teams with low levels of trust splinter apart while trusting teams pull closer together. Creating trust within our teams is vital to ensuring the safety of all.



Consider the following, what would be inside or outside of your circle of safety?

- Poor Maintenance
- Disorganisation
- Teamwork
- Open Communication
- Defective Equipment
- Training
- Working Alone
- Friendliness
- Aggressive Behaviour
- Rest Rooms
- Uniform
- Correct PPE
- Good Instructions
- Security
- Lack of Supervision
- Excessive Work Pressure
- Consideration of Individual Abilities
- Engagement
- Leadership
- Honesty
- Ownership
- Safety Behaviours